



## **Target Group**

This program addresses all female university students who are already in the middle or close to the end of their studies and who are thinking about whether or not a promotion could be the right choice for them. Prerequisites for attending the program are curiosity, the willingness to reflect and the motivation to actively participate in the program and to pose questions.

## **Application**

You can either be suggested to participate in our program by a lecturer of the Paderborn University or you can apply independently. Information on the application is available in the project office and on our website.

The project coordinator Dr. Julia Steinhausen will be happy to answer further questions.

## **Contact**

### **„Einblick!“**

Peer-Mentoring Programm für Studentinnen

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## **Promotion? Career? Academia?**

The Peer-Mentoring program is a joint proposition from Dipl.-Päd. Irmgard Pilgrim (Equal Opportunities Officer of Paderborn University) and Prof. Dr. Ingrid Scharlau (Chair of Cognitive Psychology)

## **Receive some Insight...**

### **“Is a promotion an opportunity for me?”**

That is a question that qualified female students often ask too late. The Peer-Mentoring program “Einblick!” (“Insight!”) offers future graduates a chance to discuss the perspective of a promotion with other female students. This exchange is accompanied by an experienced female doctoral student who will provide the participants with tips and strategies for decision making from her own experience and who will inform them about support for young researchers.

As part of term-accompanying process you as participant of our program will answer the following questions for yourself?

“Does a promotion correspond to my own career goals?”

“Am I qualified enough to write a doctoral thesis? – How can I qualify and prepare?”

“How important is stamina?”

“How can I arrange financing throughout a promotion?”

“What kinds of professional perspectives does a promotion open up for me?”

“What are the first steps after I have decided to write a doctoral thesis?”

**Einblick!** - the Peer-Mentoring program for female students offers the time and space for this. Also you will receive several information, for example on doctoral sponsorship.

## **The Idea of Peer-Mentoring**

In our program you will converse as part of a group of young women in a similar situation – you will all be facing the end of your studies and show some kind of non-binding interest in writing a doctoral thesis. A female doctoral candidate will escort this exchange and will provide the group with impulses for reflection and decision making from her own experience.

## **Structure of the Program**

Our program takes four to six months and starts shortly before the semester does. The essential components are:

- regular group meetings with a female doctoral candidate as a mentor
- expert conversations with graduated women from academia, economy and society
- participation in qualifying offers from Paderborn University with following evaluation within the peer-group
- kick-off and closing event as framework program